

Race Info

When: July 24, 2010

Race starts at 7:30 AM

Race-Day Registration starts at 6:30 AM and will conclude at 7:00 AM

Where: Running Race begins at Tell City's City Hall Park located at 700 Main Street
Swim will take place at JFK pool located near the corner of 14th st. and Lafayette St. in Tell City

Cost:

Early Registration: \$30

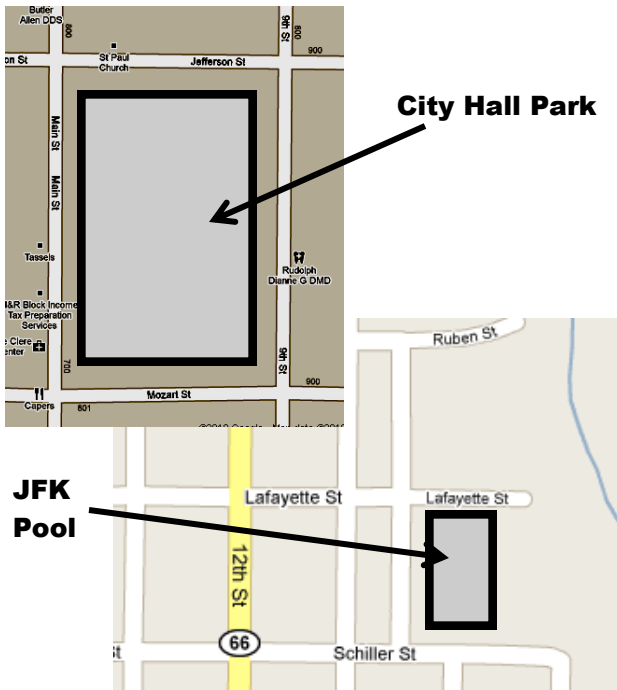
(postmarked before July 5, 2010)

Regular Registration: \$35

(postmarked before July 19, 2010)

Race Day Registration: \$40

Registration includes race entry and a t-shirt.



Race Details

5K run-800M Swim-5K run

The first 5K race will begin at Tell City's City Hall park. From there the course will head south towards Pestalozzi St. At Pestalozzi St., the course will go west one block to 7th st. At 7th st. the course will head north to-wards Tell St. From there, the course turns east and heads towards 19th st. At 19th st, the course will turn north and enter onto the Green Way. Runners will complete one loop inside the woods through the Green Way path before entering the JFK pool area.

The JFK Pool is a 50M pool. The 800M course will consist of 16 lengths. There will be lane lines and lap counters.

Upon completion of the swim, the 2nd 5K race will back track the same course of the first 5K race.

Water stations will be set up at the 1.5 mile marker (for both 5K races) and there will be a water station at the pool.

Lifeguards will be on duty at the pool to assist in any medical needs.

For additional information visit:
www.swimperrycounty.com
or email: anderson.lew@gmail.com



1st Annual



**-5 K Run-
-800M Swim-
-5K Run-**

Saturday, July 24, 2010

**City Hall Park
Tell City, Indiana**

